

GSK AWARD

BBS has won the prestigious local charity award 2009. A ceremony took place at GSK in Brentford, when Mel Collins and Martin Weaver collected the award, which was presented by Ann Keen MP, and was followed by a buffet dinner.



Felicity Biggart, Susan & Philip Bailey, Patricia Connolly, Martin Weaver & Paulo Pimentel

Critical Incidents & Disaster Support

The end of 7th July Assistance (TJA) has produced a gap in support services for survivors and bereaved individuals affected by acts of terrorism and other incidents. We have been approached by previous TJA service users and others, who have expressed their needs, and their wish for a service that will provide information, advice and highlight the needs of those affected by traumatic experiences.

BBS continues to be involved with other services in the UK, Europe and USA. This work involves sharing knowledge, information and learning to enhance services.

BBS' Management Committee agreed that 'Critical Incidents & Disaster Support (CIDS)', will become a project of BBS. The project will incorporate the international work and UK partnership work created by the TJA project. It will continue to develop on the experience and knowledge gained by the previous project.



We wish all our Volunteers Counsellors Supervisors, and our partners a very Happy Christmas and a Prosperous 2010.

Thank you all for your support during the past year, and we look forward to working as a team during the coming year.

Please join us at the Lights of Life ceremony on Wednesday 9th December at Willesden Centre for Health & Care at 11am.

WEBSITES

www.bbsonline.org.uk

www.bshonline.org.uk

Both websites are now operational, although there are areas of the sites that are in development.

The online referral system has been problematic due to the high security we must ensure due to the confidential aspect of our work.

An online donations system is also being developed



Many thanks to **Rohini Barnes** for over 12 years service to the development of BBS. Rohini has retired from her roles as Supervisor and trainer due to personal issues and we wish her good health and much happiness in the future.

Light up a Life



Wednesday 9th Dec to Monday 4th Jan at Willesden Centre for Health & Care Robson Avenue London NW10 3RY

Ceremony on 9th Dec at 11am with the Mayor of Brent and seasonal songs by local school children

VISITOR'S BOOK AT BBS

All volunteer counsellors, their clients and all other visitors to BBS must sign the Visitor's Book. This is due to concerns over individual safety, as we must know exactly who is in the counselling room or other parts of the building in case of emergency.

The Annual General Meetings

BBS & BSH shared their AGM's on 3rd October 2009. The day began at 10am with information on the services and future plans. The BSH AGM was followed by a talk by Linda Cundy on Attachment Theory, which was informative and enlightening. After a lunch of pizza and other goodies, the BBS AGM took place, and the day finished at 3pm.

The talk is available on DVD, please contact Raksha if you would like a copy.

Annual Reports are available on line.

The Committee Members / Trustees 2009/2010

BBS

Michael Moorhead – Chair
Frank Dooley – Treasurer
Lydia Khalil – Volunteer Representative
Rita (Sandy) Price – Service User Representative
Lata Dhiri – BSH Representative

BSH

Mel Collins – Chair
Susan Bailey – Treasurer
Lata Dhiri – Deputy Chair
Sheila Thomas – Volunteer Representative
Rita (Sandy) Price – BBS Representative
Peta Vaught – Hounslow Council Representative
Paulo Pimentel – Secretary

Anyone interested in joining the management of BBS or BSH should contact Paulo.

VOLUNTEERS WANTED

It's time to let the world know about our work again.

As the personal touch is so important, we need people to distribute brochures and to tell GPs Social Services staff and other appropriate agencies about BBS & BSH.

Please contact Patricia if you can help.

The BBS Committee Members would like to thank **Derek Barnes** for his services as a Committee Member during the past years. He will be much missed and we wish him well in the future



BSH Library

The new BSH library will be available from mid December. We would like to thank GSK volunteers for their work in referencing the books.

Any donations to the library will be very welcome. Please contact Patricia for further information.

JO BEST

We want to thank Jo for her commitment and dedication to the 7th July Assistance project and BBS. Jo initially joined BBS as a Volunteer Counsellor in 1999. She was then employed as Psychosocial Services Manager to start on 1st November 2005, although she actually began volunteering part time at TJAC 3 months earlier! The project was initially agreed for 1 year, but lasted 3 years and 9 months. Although Jo's contract with BBS/TJA ended on 31st September, she is currently involved in aspects of the ongoing work of a new BBS project.

CLIENT NOTES & correspondence

All client files must be given to Supervisors following closure.

All correspondence for the office must be left at either the BBS or BSH office. Do not use the post unless you have to.

THANK YOU.

CONTACT DETAILS

Willesden Centre for Health & Care,
Robson Avenue,
London NW10 3RY

Tel: 020 8459 6818 Fax: 020 8459 4656

E-mail: info@bbsonline.org.uk

TRAINING:

Time in Practice, 6th Feb; Reading Group, various dates; Approaching Hysteria, 27th Feb – all at WPF 020 7378 2050 or www.wpf.org.uk

Addiction, 17th Mar; Understanding Anxiety, 16th Mar; Brief Psychotherapy, 5th May; Self Harm, 4th Mar; ~Troubled teenagers, 28th Apr. – all at Mindfields College 01323 811440 or www.mindfields.org.uk

www.bbsonline.org.uk